



students learning with communities



Students Learning with Communities

Gaelic 4 Girls

A Partnership Approach to DIT Student and Local Community Development



Gaelic for Girls at DIT

Gaelic 4 Girls at DIT is a partnership programme between Dublin Institute of Technology, the Ladies Gaelic Football Association and Dublin City Council, providing DIT students from across the Institute with opportunities to qualify as a Gaelic Football Coach and Referee, and gain invaluable, practical hands-on Community Based experience introducing young girls aged 9-13 in Dublin City to Ladies Gaelic football.

Aim of Gaelic 4 Girls

The aim of the programme is to improve the employability of DIT Students, and while it began targeting Leisure Management Students Only, it is now available to all DIT students as a 5 Credit (ECTS) module.

The students gain additional qualifications, and practical work experience, in a supervised manner, and develop their reflective learning skills over a 12 week programme. This provides them with genuine experience, a 'story' to tell potential employers at interview, as well as valuable contacts in the sports and recreation industry in Dublin and Ireland.

Skills that Students will develop include:

- Coaching and Refereeing, Reflective learning and writing, Planning and organising, Leadership, and Event management

Partnership Approach

A genuine partnership approach has been vital for the success of Gaelic 4 Girls at DIT. Students receive training in coaching and refereeing provided by the Ladies Gaelic Football Association, Reflection Skills workshops and academic accreditation are provided by DIT, and Dublin City Council provides the link with local communities and co-ordinates the participation of the local girls in the programme, in a variety of Dublin City Council areas across the City.

All partners provide their expertise and assistance as benefit in kind ensuring that the programme is delivered on an annual basis, while provision has been built into the programme for sustainability as its success grows.





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Benefits of Programme

Benefits of the programme accrue to everyone involved and include:

DIT Students – gain additional qualifications, community based practical experience, as well as employability and reflection skills

LGFA – raise awareness of Ladies Gaelic Football, recruit additional young girls into the sport, gain access to motivated students and recruit additional qualified coaches and referees

Dublin City Council – gain capacity in running Gaelic 4 Girls Programmes around the city, utilising DIT student coaches & referees

DIT – continues to embed its programmes and students into the local community, building awareness of educational programmes and opportunities available through the Institute



What Participants Say About it

- 'I think the experience furthered my desire to work with kids in a development form and to help them further their skills and to promote the game as much as I can.'
- 'I feel the project has been of huge benefit to me.'
- 'I am delighted that I took part in this module this year.'
- 'it is a excellent programme that can be enjoyed by anybody.'
- 'I thoroughly enjoyed working with the Gaelic 4 Girls programme and would gladly participate in something like this again.'

Find Out More About Gaelic 4 Girls

To find out more about Gaelic 4 Girls contact Lyn Savage, Regional Games Development Officer, 087 131 6944 or lynsavage@ladiesgaelic.ie

