

Student in Distress Guide



Student

Immediate Danger

Student in immediate danger of harming themselves or somebody else, or in a situation where they could come to serious harm (e.g. suicide/violence/domestic abuse)

Tell student that you are concerned

Refer to DIT Counsellor or Medical Practitioner (DIT Health Centre or student's GP)

If student is unwilling to accept help, contact (ideally in student's presence) a DIT counsellor or Medical Practitioner (DIT Health Centre or student's GP)

If services are unavailable or student refuses to use services — contact 'next of kin' (try involving student in decision)

Contact Local DIT Porters Desk (re contacting Gardaí/Ambulance) if there is an external threat to student's safety

Academic Concerns

Unhappy In Course/Thinking of Leaving

Refer to 'Thinking of Leaving' Guide
Refer to Career Development Centre or Course Coordinator/Year Tutor

Academic/Exam-Related Anxiety

Refer to DIT Counselling Service
Discuss Results/Options/Next Step
Refer to Year Tutor/Course Coordinator or DIT Career Development Centre
Query/Challenge Grades

Refer to local DITSU Students Support Advisor, Lecturer/Tutor and/or local DIT Examinations Office

Disability/Learning Support Concerns

Refer to Disability Support Service or local Learning Support Officer

Bullying Concerns

Refer to local DITSU Students Support Advisor, DIT Counselling Service or DIT Chaplaincy

Fee Concerns

Refer to local DIT Student Services Centre or DIT Fees & Income Office

Grant Concerns

Refer to SUSI (0761 08 7874), other grant provider or www.studentfinance.ie

Personal Concerns

Mental Health/Well-being

Refer to DIT Counselling Service and DIT Health Centre

Physical Health/Illness

Refer to DIT Health Centre, Contact Emergency Services (Ambulance 999/112)

Financial Concerns Or Homelessness

Refer to DIT Financial Aid & Accommodation Services, local DITSU Student Support Advisor or DIT Chaplaincy (Local Chaplain)

Family/Relationship Issues or Isolation/Loneliness/Homesickness

Refer to DIT Counselling Service or DIT Chaplaincy (local Chaplain)

Addiction/Substance Abuse or Pregnancy Concerns

Refer to DIT Health Centre or DIT Counselling Service

Sexuality

Refer to DIT Counselling Service, DIT Chaplaincy or DIT LGBT Society

Discrimination/Racism

Refer to DITSU Student Support Advisor or DIT Chaplaincy

DIT Career Development Centre
3082 Southside, 2961 Northside or local Careers Adviser

DIT Chaplaincy
3639, 087 747 7110 or local Chaplain

DIT Counselling Service
3352, 086 082 0543

DIT Disability Support Service
7656, 7681, 7658 or local Learning Support Officer

DIT Examinations Office
See 'Contact Exams Staff' on www.dit.ie/examinations or dial main DIT reception (3000) and ask for relevant exams office

DIT Fees & Income Office
7500

DIT Financial Aid & Accommodation Services
3394, 7513, 3353

DIT Health Centre
3051 Southside, 3614 Northside

DIT LGBT Society
LGBT@socs.dit.ie

DIT Student Services Centre
7000 (ASt), 3883 (BSt)

DITSU Student Support Advisor
3110 (ASt), 3621 (BSt), 4370 (CBSt), 2813 (KSt), 4111 (MSq)