GENERAL INFORMATION

This meeting is open to Members of the Nutrition Society and other individuals paying the appropriate registration fee. The proceedings of the meeting may not be published, nor communicated to any person except by direct negotiation with and agreement of the Nutrition Society. Press enquiries for this meeting should be directed to The Nutrition Society: +44 (0)20 7605 6557.

VENUE

The meeting will be held at Dublin Institute of Technology, Kevin St, Dublin 8, Ireland.

SCIENTIFIC ORGANISER

Dr Kate Younger, Dublin Institute of Technology, School of Biological Sciences, Kevin Street, Dublin8, Republic of Ireland. Email: Katherine.Younger@dit.ie.

REGISTRATION

Registration for the meeting will open in February 2013 and delegates will be able to access the online form on: www.etouches.com/nutrition2013.

REGISTRATION FEES

The following registration fees will apply:

<table>
<thead>
<tr>
<th>Category</th>
<th>Earlybird by 8 May 2013</th>
<th>From 9 May 2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Members</td>
<td>€195.00</td>
<td>€250.00</td>
</tr>
<tr>
<td>Non-members</td>
<td>€350.00</td>
<td>€425.00</td>
</tr>
<tr>
<td>Student members</td>
<td>€50.00</td>
<td>€80.00</td>
</tr>
<tr>
<td>Day rate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Members</td>
<td>€100.00</td>
<td>€200.00</td>
</tr>
<tr>
<td>Non-members</td>
<td>€200.00</td>
<td>€400.00</td>
</tr>
<tr>
<td>Student members</td>
<td>€30.00</td>
<td>€60.00</td>
</tr>
</tbody>
</table>

The final registration deadline is 29 May 2013.
MEALS AND SOCIAL FUNCTIONS

Refreshments will be served in the basement at DIT Kevin Street.

On Wednesday 19 June, a Cocktail-making session and Buffet will take place at the Russell Court Hotel, Harcourt Street, Dublin 2.

The Gala Dinner on Thursday 20 July will take place at the Radisson Blu Hotel, Golden Lane, Dublin 8.

TRAVEL INFORMATION

Situated on the east coast of Ireland, Dublin has excellent transport links with major cities in Ireland, the UK and Europe. The campus is ideally located in the city centre, and is easily accessible by bus, Luas (tram), taxi or by foot.

BY AIR

Dublin Airport is conveniently located 12 km north of Dublin city centre and offers excellent links to over 150 destinations in the UK and mainland Europe.

Taxis are available from the forecourts directly outside Terminal 1 and Terminal 2. The journey to the venue will take approximately 25 minutes.

For information on buses from the airport to the city centre, please visit: www.dublinairport.com.

BY SEA

Regular, scheduled ferry services operate between Ireland and the UK bringing both foot passengers and cars through two ferry ports; Dublin Port and Dun Laoghaire.

BY RAIL

There are two central railway stations in Dublin; Heuston and Connolly Stations. Trains from the south and west arrive at Heuston Station, while trains from cities in the north and west will arrive at Connolly Station. A number of local buses run from both stations to the campus.

BY BUS

A number of frequent services serve the DIT campuses directly. To find your way to the DIT campus by bus, try the Dublin Bus journey planner: www.dublinbus.ie.
BY CAR

The M50 motorway surrounds outer Dublin and is joined from six different routes: the M1 serving Belfast and Northern Ireland, the M2/N2 serving Derry and the north west, the M3 serving Co. Meath and the north west, the M4 serving Galway and the west, the N7/M7 serving Co. Kildare and the south west and the M11/N11 serving the south east.

BY TAXI

There are several private 24-hour hire taxi firms in Dublin. A local taxi firm is: City Cabs: + 353 1 4731122.

ACCOMMODATION

For delegates requiring accommodation, a wide range of hotels close to the venue, is available to book on: www.etouches.com/nutritionaccommodation.

Please direct booking queries to:

Irish Section Meeting Registration & Accommodation Booking Desk
C/O Keynote PCO
Suite 26 Anglesea House
63 Carysfort Avenue
Blackrock
Co. Dublin
Tel: + 353 1 400 3626
Email: nutritionsociety@keynotepco.ie

TOURIST INFORMATION

Tourist information can be found at: www.visitdublin.com.

REGISTRATION DESK

The Registration Desk will be located in the foyer of the Gleeson Theatre, in the main building of the DIT Kevin Street campus. Registration will be open from 09.00 to 17.30 on 19 - 21 June.

ORIGINAL COMMUNICATIONS

Original Communication submission deadline: 19 March 2013

Abstracts of Original Communications must be submitted online using the electronic submission form available at www.nutritionsociety.org. Completion of this form includes electronic submission of copyright and abstracts must comply with the current instructions to authors available on the submission page.
Original Communications will no longer be edited and abstracts accepted for this meeting will be copy-edited for house-style and published online in the *Proceedings of the Nutrition Society* without further correspondence with the author. Two student prizes will be awarded for the best Original Oral and Poster Communications.

The programme of Original Communications accepted for this meeting will be available on the Nutrition Society website prior to the meeting. The printed scientific programme, including the Original Communications running order and abstract booklet will be distributed at registration.

If more abstracts are submitted than can be included in the meeting, then preference will be given to those abstracts most closely related to the theme of the meeting.

**STUDENT BURSARIES**

For student members of the Nutrition Society presenting an Original Communication in the Student Competition, and attending for the full duration of the meeting, the Irish Section of the Nutrition Society will award a €50 discount off the registration fee. Qualifying students will be sent a link to the bursary registration form.
PROVISIONAL PROGRAMME
NUTRITION SOCIETY IRISH SECTION MEETING
19 - 21 JUNE 2013,
DUBLIN INSTITUTE OF TECHNOLOGY, IRELAND

CHILDHOOD NUTRITION AND OBESITY: CURRENT STATUS AND FUTURE CHALLENGES

WEDNESDAY 19 JUNE 2013

09.00 – 10.45  Registration and coffee

10.45 – 11.00  Welcome and opening of meeting

Symposium 1  Current status

11.00 – 11.30  Professor Richard Layte (Economic and Social Research Institute, Ireland)
A mixed linear latent growth model of the role of breastfeeding and weaning on child growth between birth and three years of age

11.30 – 12.00  Professor Cecily Kelleher (University College Dublin, Ireland)
Longitudinal follow-up of the relationship between dietary intake and growth and development in the Lifeways cross-generation cohort study 2001-2012

12.00 – 12.30  Dr Janette Walton (University College Cork, Ireland)
Diet, lifestyle and body weight in Irish children: findings from IUNA national surveys

12.30 – 13.00  Dr Monica Hunsberger (University of Gothenburg, Sweden)
Early feeding practices and family structure: associations with overweight

13.00 – 13.30  Panel discussion

13.30 – 14.15  Lunch

14.15 – 15.30  Original Communications

15.30 – 16.00  Refreshments

16.00 – 17.15  Original Communications

19.30 – late  Cocktail-making session and buffet, Russell Court Hotel, Dublin 2
## Symposium 2  Data collection

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>09.00 - 09.30</td>
<td>Dr Emma Foster (Newcastle University, UK)</td>
<td><em>Challenges involved in measuring intake in early life</em></td>
</tr>
<tr>
<td>09.30 – 10.00</td>
<td>Professor Carol Boushey (University of Hawaii, US)</td>
<td><em>Novel technologies and solutions for measuring dietary intake in children</em></td>
</tr>
<tr>
<td>10.00 – 10.30</td>
<td>Professor David McCarthy (London Metropolitan University, UK)</td>
<td><em>Measuring growth and obesity across childhood and adolescence</em></td>
</tr>
<tr>
<td>10.30 – 11.00</td>
<td>Refreshments</td>
<td></td>
</tr>
<tr>
<td>11.00 – 11.30</td>
<td>Dr Jennifer Mindell (University College London, UK)</td>
<td><em>Measuring physical activity in children in dietary surveys: problems, pitfalls and options</em></td>
</tr>
<tr>
<td>11.30 – 11.55</td>
<td>Panel discussion</td>
<td></td>
</tr>
<tr>
<td>12.00 – 13.15</td>
<td>Original Communications</td>
<td></td>
</tr>
<tr>
<td>13.15 – 14.15</td>
<td>Lunch and Irish Section AGM</td>
<td></td>
</tr>
</tbody>
</table>

## Symposium 3  Effects of early nutrition on later health

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>14.15-14.45</td>
<td>Dr Mairead Kiely (University College Cork, Ireland)</td>
<td><em>Maternal Vitamin D status and health outcomes in women and children</em></td>
</tr>
<tr>
<td>14.45 – 15.15</td>
<td>Dr Sarah McMullen (University of Nottingham, UK)</td>
<td><em>Childhood obesity and adult metabolic risk</em></td>
</tr>
<tr>
<td>15.15 – 15.45</td>
<td>Dr Gina Ambrosini (MRC Human Nutrition Research, Cambridge, UK)</td>
<td><em>Childhood eating patterns and later obesity</em></td>
</tr>
<tr>
<td>15.45 -16.15</td>
<td>Refreshments</td>
<td></td>
</tr>
<tr>
<td>16.15 – 16.45</td>
<td>Dr Eileen Gibney (University College Dublin, Ireland)</td>
<td><em>Genetics of eating behaviour and obesity in children</em></td>
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<tr>
<td>16.45 – 17.15</td>
<td>Panel discussion</td>
<td></td>
</tr>
<tr>
<td>19.30 – late</td>
<td>Gala Dinner, Radisson Blu Hotel, Dublin 8</td>
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</tbody>
</table>
## FRIDAY 21 JUNE 2013

### Symposium 4  
**Strategies for reducing childhood obesity**

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>09.30 – 10.00</td>
<td>Dr Kirsty Pourshahidi (University of Ulster, Northern Ireland, UK)</td>
<td><em>Influencing and modifying children’s energy intake: the role of portion size and energy density</em></td>
</tr>
<tr>
<td>10.00 – 10.30</td>
<td>Charlotte Johnston (Health Service Executive, Dublin, Mid-Leinster, Ireland)</td>
<td><em>Healthy Incentive Scheme in the Irish full day care pre-school setting</em></td>
</tr>
<tr>
<td>10.30 – 11.00</td>
<td>Refreshments</td>
<td></td>
</tr>
<tr>
<td>11.00 – 11.30</td>
<td>Dr Sara Kirk (MRC Human Nutrition Research, Cambridge, UK)</td>
<td><em>Modifying the food environment for childhood obesity prevention: challenges and opportunities</em></td>
</tr>
<tr>
<td>11.30 – 12.00</td>
<td>Professor Hilary Hoey (Trinity College Dublin, Ireland)</td>
<td><em>Obesity management: children in comparison with adults</em></td>
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<tr>
<td>12.00 – 12.30</td>
<td>Panel discussion</td>
<td></td>
</tr>
<tr>
<td>12.30</td>
<td></td>
<td><strong>Closing remarks and Lunch</strong></td>
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</tbody>
</table>

Please note – this programme is provisional and is subject to change. The final programme will be printed in the abstract booklet and will be available at the meeting.
The conference theme of childhood nutrition and obesity, current status and future challenges will be explored across four symposia, beginning with an assessment of current status, then moving to a consideration of how best to collect data on this population. This will be followed by current evidence on the effects of early nutrition on later health and finally a session on interventions that can be used to reduce childhood obesity.

**Who should attend:**

- Nutritionists
- Dietitians
- Health promotion officers
- Policy-makers
- Academics
- Food industry representatives
- Students
- Researchers

**Why you should attend?**

- Gain a wider understanding of a range of new concepts in nutritional science
- Listen to the experts present the latest, cutting edge research
- Network with colleagues from your field
- Keep your CPD requirements up to date
- Participate in discussions around key Original Communications in the area of nutritional science